



MID WEST ZONE CHALLENGE NOMINATION FORM

Mid-West Met Zone has decided to host a zone challenge covering all events that would normally be held at a zone championships it gives athletes the chance to still compete against the best in our zone. For our U9-17 athletes it offers an opportunity to improve on their PBs which will be important if nominating for State Championship qualifying events.

To ensure the 500 cap is adhered to age groups have been split over 2 weekends and for the first time events added for Under 6 athletes. Under 6, 7 and 8 athletes will also be presented with medals for 1st, 2nd and 3rd in each event.

Dates/Venue

Under 6-8 - Sunday 6th December 2020 @ CV Kelly Park, Oramzi Road Girraween (hosted by Girraween LAC)

Under 9-17 - Saturday 12th & Sunday 13th December 2020 @ The Crest, McClean Street Bass Hill (hosted by BSAC)

Entries close on Monday 23 November for U6-8 & Monday 30 November for U9-17

There is a strict limit of 500 attendees at the ground – to ensure the maximum number of athletes can attend spectators will be limited to two per family (U6-8) & one per family (U9-17). Importantly when athletes have finished their scheduled event(s) they will be asked to vacate the ground quickly. Track events will be conducted as timed finals. Field events will have 3 trials only apart from high jump.

The form below must be handed in at the canteen or emailed through to Paulina Wiecek @ paulinaw22@hotmail.com, by the 21st November. If you do not submit your form by this date then your entry will not be included.

Please List Events in Order of Preference 1 to 6 Children are selected in a maximum of 4 events. **No Late entries** will be accepted.

AGE EVENTS

- U/6 – 50m, 70m, 100m, 200m, Pack Start, Long Jump, Discus, Shot Put.
- U/7 – 50m, 70m, 100m, 200m, Pack Start, Long Jump, Discus, Shot Put.
- U/8 – 70m, 100m, 200m, 400m, Pack Start, 60m Hurdles, Long Jump, Discus, Shot Put.
- U/9 – 70m, 100m, 200m, 400m, 800m, 60m Hurdles, 700m Walk, Long Jump, High Jump, Discus, Shot Put.
- U/10 – 70m, 100m, 200m, 400m, 800m, 60m Hurdles, 1100m Walk, Long Jump, High Jump, Discus, Shot Put.
- U/11 – 100m, 200m, 400m, 800m, 1500m, 80m Hurdles, 1100m Walk, Long Jump, Triple Jump, High Jump, Discus, Shot Put, Javelin
- U/12 – 100m, 200m, 400m, 800m, 1500m, 80m Hurdles, 1500m Walk, Shot Put, Triple Jump, High Jump, Long Jump, Discus, Javelin
- U/13 – 100m, 200m, 400m, 800m, 1500m, 3km, 80m Hurdles, 200m hurdles, 1500m Walk, Shot Put, Triple Jump, High Jump, Long Jump, Discus, Javelin
- U/14 – 100m, 200m, 400m, 800m, 1500m, 3klm, G-80m Hurdles, B-90m Hurdles, 200m Hurdles, 1500m Walk, Shot Put, Triple Jump, High Jump, Long Jump, Discus, Javelin
- U/15 – 100m, 200m, 400m, 800m, 1500m, 3klm, G-90m Hurdles, B-100m Hurdles, 300m Hurdles, 1500m Walk, Shot Put, Triple Jump, High Jump, Long Jump, Discus, Javelin
- U/17 – 100m, 200m, 400m, 800m, 1500m, 3klm, G-100m Hurdles, B-110m Hurdles, 300m Hurdles, 1500m Walk, Shot Put, Triple Jump, High Jump, Long Jump, Discus, Javelin.

Please keep this half for your information – notifications will be given to athletes after they have been selected for events

Return this half of form to canteen or emailed through to paulinaw22@hotmail.com, before the 21st November.

EVENTS SELECTED FOR ZONE CHALLENGE (PLEASE PRINT CLEARLY)

Parent/Guardian As a parent/guardian I agree to help at the Zone Challenge.

Parent/Guardian Name _____ Signature _____ Mobile _____

Child's Name _____ Registration Number _____ Age Group _____ Boy / Girl

1. _____ 2. _____ 3. _____

4. _____ 5. _____ 6. _____

Make sure Events above are listed in **Order of Preference** 1 to 6. Every effort will be made to place children in their preferred events. We are limited to four children in each event, and will look at current season performance/attendance to select athletes.