



Mid West Metropolitan Zone Junior Challenge
Sunday 6 December 2020
CV Kelly Park, Oramzi Road Girraween

INFORMATION FOR CENTRES/COMPETITORS

Starting times: first call 7.45am for an 8.00am start

Check-in & Out: It will be a requirement of all athletes and parents to adhere to the following key points and instructions given to them by our COVID Marshalls.

- All attendees will be required to sign in and out via QR codes stationed at the entrance to the ground.
- Adhere to temperature checks before entering ground.
- Avoid physical contact including shaking hands, high fives or hugging
- You must not attend, if:
 - a member of your household is awaiting the results of a COVID test
 - in the past 14 days you have attended any of the reported case locations listed on the NSW Health website
 - If you or an athlete in your family are unwell, please stay home and avoid physical contact with other people

Medals: Medals will be awarded to the first three (3) placegetters in each group for each event. Presentations will be made as soon as possible after each event. Approved Centre uniform **MUST** be worn on the presentation dais.

Track Events: All track events will be run as timed finals

Field Events: 3 trials per athlete only

Centre Uniform: All athletes must compete in their registered centre uniform. Athletes may wear plain compression/bike pants in colour of Centre uniform with no logos or contrasting stitching as an outer garment. If they wear compression/bike pants with logo or contrasting stitching they must be worn underneath their centre shorts. No part of the uniform shall extend beyond the top of the knee. Athletes may wear a plain "T" shirt under their competition uniform.

McDonald's registration number with the gold border showing is to be firmly affixed to the front of the uniform top.

Age patches are to be worn on the front left hand side of the uniform.

The Coles sponsors patch must be worn on the top right hand side of the uniform top.

Centres with uniform supply issues should contact the zone championship officer (Graham O'Brien) prior to the challenge date noting which athletes require an exemption. Athletes with an exemption will still be required to wear athlete number, age patch and sponsor patch.

Athletes presenting to Call Room/events without an exemption **NOT** in correct uniform will be sent away to have it fixed, event will not be held up.

Team managers should bring spare registration numbers, age patches, centre numbers, sponsor patches and safety pins to challenge.

Athletes may take additional clothing out to field events for sun protection or to keep warm/dry between trials (eg. hats, t-shirts, jackets etc).



Footwear: Footwear is compulsory for ALL competitors in all events. Spike shoes MUST NOT be worn in any U6, U7 and U8 events.

Spectator parking: There is NO parking at CV Kelly Park. Please park in surrounding streets leaving plenty of space around driveways for residents to easily get in and out of their property.

Results: Will be posted on the notice board near the canteen

Call Room: All track and field events will be marshalled at the northern end of the ground. All athletes MUST go through the call room for all events with the exception of the first call of field events where they will go straight to the event and have their uniform checked at field event.

Clash of events: There will be a clash manager who will manage the clash of events. If an athlete is at a track event and they are called to a field event, as soon as they have completed their track event they MUST report to call room. If an athlete is at a field event and they are called to a track event they MUST remain at their field event and the clash manager will pick them up. Please ensure you take your track shoes to field event if a clash is likely to occur.

First Aid: will be located near the end of the finish line.

Information Officer: will be near the finish line up the stairs for all enquiries.

Sun protection: Every effort will be made to provide shade, but parents are urged to provide hats, sunscreen, t-shirts and water for their children especially when going to field events.

Tents/Shade structures: Any Centre/person erecting a shade structure MUST ensure that it is well secured on all corners. In the interest of safety any shade structure that is not properly secured will need to be taken down, our safety officer will be checking all structures.

Safety: LANSW is committed to providing everyone with a safe environment. Please let the Information Officer know if you see something that you think is unsafe.

Spectators: are not permitted on the competition area.

Weather: In the case of very wet or hot weather the carnival management will continuously monitor the conditions. In the case of lightning/thunderstorms the LANSW Lightning Policy will be applied. In the case of very hot conditions, the LANSW Heat Policy will be referred to.

Bins/Rubbish: please ensure that you dispose of all rubbish in bins provided.

Smoking: is not permitted in any competition or spectator area.

Alcohol: LANSW has a zero tolerance on the consumption of alcohol during championships.

Athlete Behaviour: LANSW does not tolerate unacceptable or unsporting behaviour from athletes. This includes bullying or teasing of other athletes. Any serious or repetitive misbehaviour by an athlete may result in the offending athlete being disqualified from the competition.

Sport Rage: Sport Rage is any violence, foul language, harassment, abuse or bad behaviour by athletes, coaches, officials or spectators. Any type of sport rage will not be tolerated by LANSW and may result in offenders being issued with a formal warning. Repeated or serious breaches may result in the offender being asked to leave the venue. They may also be subject to further penalties, including a ban from future participation in the sport.

Parent/Centre Helpers: are to wear enclosed shoes especially at field events.